

How-To: Sexual Domination

The first and most important lesson is that the dominant partner is responsible for making sure the sub has a good experience, as counter-intuitive as that might seem. Unless the sub is into being treated as a non-human object and “used” with no regard for their feelings, he needs to get something out of it - it has to be sexually gratifying.

But wait, you say, I’m a Dom! It’s all about me, right? Yes, it is, absolutely. It’s not about the sub - it’s about how you’re *using* the sub to get what you want. Here are two truths I’ve learned:

- 1) A horny, motivated sub is a better, more compliant sub.
- 2) The dom’s first task is to maximize and maintain the sub’s horniness.

So, how do you do this? First, you need to project dominance. (This doesn’t necessarily mean being harsh or abusive. That’s a different version of the Dom/sub (D/s) relationship that involves consensual abuse and humiliation.) A dom is sure of his superiority over the sub and the world in general. He knows he’s in charge, and believes it to his core. Through his actions and speech, others see him as confident. He walks into the room with casual purpose, and assumes he will be respected. He knows what he wants and how to get it. That alone is sexy. It’s a scene-setter, but it’s just a starting point.

A dom is also a leader. A successful leader knows how to get the most out of people and move them willingly toward a goal. He motivates others to work with and for him.

In this situation, the dom uses what we normally think of as “foreplay” to motivate his sub. Again, you might say “but foreplay isn’t all about me” and again, you’re right. It’s about getting your sub into a heightened state where he’ll be more compliant and eager to serve your needs. You’re “playing” him for your own purposes. If you think about it, that’s the ultimate domination.

The most important aspect of any relationship is communication, and a D/s relationship is no different. You need to know what makes your sub hornier, and what would be a mood killer. Everyone has erogenous zones, but not everyone is the same. Cock, ass, thighs, belly, lips, ears, neck – all are common. You need to know which they will respond to, and which will end the evening.

For example, kissing is a total mood killer for some. Some gay guys don’t like it, especially those who are not confident in their sexuality. Things could be going great until you go in for lip lock and your sub pulls away. Mood killed, night over, you blew it. Even if you move on, it won’t be the same. If he says “no” or heads for the door, it’s over. Don’t even think about forcing the situation. That would cross the line into criminal abuse.

How do you know what a sub likes and doesn’t? Ask. Talk about his submission fantasies, and adjust your approach to match. Remember, it’s all about getting what you want in the end – him giving you pleasure. You just need to get your sub fully involved and on your path. Use only his needs and fantasies to get there.

To illustrate, here are two examples. This sub’s first experience was with a good looking but somewhat surly 25-year-old guy. Before coming, he hadn’t asked what the sub liked and didn’t like. He wasn’t verbal at all. He just walked in, pulled down his pants and flopped into an easy chair. The he waved his cock at his sub and said “suck it.” The sub went down on him, and the dom closed his eyes and went silent. No real directions from him, no encouragement, nothing. After a long while he pushed the sub away, stood and pointed to the kitchen island and said “bend over the counter,” which the sub did. The dom lubed just his cock and entered quickly, pounding furiously for about 30 seconds until he came, then pulled out. The condom went in the trash, he asked to use the bathroom, and then left without another word. The sub never even got hard. He sure felt used, but didn’t enjoy any of it. That dom won’t be asked back.

The next dom brought an entirely different experience. Before coming over, he asked about what kind of stuff the sub liked and if anything was off limits. When he walked in, he was friendly, but direct. Once in the living room, he just stepped in and wrapped one arm around the sub's waist, pulling him in firmly to his body so the sub would feel his erection. He went in for an aggressive kiss and started groping and fingering the sub, first through his pants and then sliding his hand in. Then he opened the sub's shirt and started tweaking his nipples. In moments the sub was his and his cock as hard as a spike. The dom had total control because the sub was quickly so horny his mind clouded over and he just followed the dom's lead. Before long, the dom had the sub naked while he was still dressed, creating an interesting power dynamic.

Obviously, he was soon naked, too, and much licking, sucking and fucking ensued under his direction, but the sub was totally into making him feel good. Whatever he wanted, the sub did, because the dom knew his likes and limits. Sometimes his directions were verbal, sometimes physical. He even got the sub to rim him, something they hadn't even considered. The sub could have resisted his request, but really wanted to please the dom. All through it he made the sub feel good both with his hands and words, keeping him motivated. Before entering him, the dom loosened the sub up with his fingers and plenty of lube, then rubbed the head of his cock around his hole for a while, teasing, gently probing, before pushing slowly but firmly in. When he fucked, he took his time, varying the pace and depth, and even reached around to tweak the sub's nipples from time to time, sending lightning bolts through his body. The sub didn't want it to end. This dom could come back any time he wanted.

I don't sub often, and I'm picky, but if I ever invite you to be my dom, here's what works for me and what doesn't. First, take a shower immediately before coming over, and scrub every nook and crack! I prefer clean-shaven faces, but a little facial hair isn't a deal breaker. I also appreciate a somewhat manscaped crotch so I can focus on pleasuring you without hair tickling my nose. I'm going to assume you're healthy and STD free, of course, as I am. I'll be freshly showered and cleaned out.

Foreplay including forceful kissing, groping, fingering, nipple tweaking, controlling my body, positioning me as you want, all good. I love body contact. Once you have me horned up, I'll lick and suck anything and everywhere. You can face-fuck me, make me rim or pleasure you in any way you desire. Light spanking is fine. You can be forceful, but not overly rough. Just keep your hands away from my cock after the first few gropes, because if you've done your job right, I'll be right on edge and might cum, and that would end the evening. If you decide to finish on my face or in my mouth, no problem. Just keep it out of my eyes (that's true for anyone!) No watersports or scat, of course.

Always make sure you come before your sub does. He needs to stay horny right to the end. One dom sucked me off after cumming in me. It wasn't necessary, but it was appreciated. When I thanked him, he said "that wasn't for you. I like the taste of cum," then shared it with a final long, deep kiss.